# **Saturday Respite Program**

### **Program Overview**

The D.C. Office on Aging (DCOA) is happy to announce DCOA's Saturday Respite program dates for 2017! This program gives a 4-hour break to caregivers of individuals with Alzheimer's disease, and related disorders. Participants engage in interactive and stimulating activities promoting social interaction. Please see below for scheduled program dates, location, contact information, and hours of operation.

## **Program Operation Dates**

| October 8, 2016   | May 27, 2017       |
|-------------------|--------------------|
| October 15, 2016  | June 10, 2017      |
| October 29, 2016  | June 24, 2017      |
| November 12, 2016 | July 8, 2017       |
| December 10, 2016 | July 22, 2017      |
| January 7, 2017   | August 5, 2017     |
| January 21, 2017  | August 19, 2017    |
| February 4, 2017  | September 2, 2017  |
| February 18, 2017 | September 16, 2017 |

**LOCATION AND TIME:** 

## WASHINGTON SENIORS WELLNESS CENTER

3001 Alabama Avenue, SE

WASHINGTON, DC 20020

**RESPITE PROGRAM: 10AM - 2PM** 



#### **ENROLLMENT ELIGIBILITY:**

- ♦ Age 60 years or older
- ♦ Low to moderate income
- ♦ HAS MILD TO MODERATE DEMENTIA AND/OR MEMORY LOSS
- ◆ D.C. RESIDENT (PRIORITY GIVEN TO THOSE IN WARDS 7 & 8)
- ♦ NEEDS MINIMAL ASSISTANCE WITH PROMPTING AND/OR CUEING
- **♦** CAREGIVER MUST PROVIDE TRANSPORTATION

### **Program Coordinator:**

### **Aisha Bailev**

March 4, 2017

March 18, 2017

April 1, 2017

April 15, 2017

April 29, 2017

May 13, 2017

Email: <a href="mailto:aisha.bailey@dc.gov">aisha.bailey@dc.gov</a> Phone: (202) 341-5883

For questions or to make a referral, please contact the **DCOA Aging and Disability Resource Center at: (202) 724-5626.** We look forward to hearing from you!





